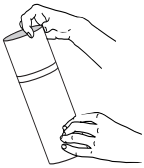
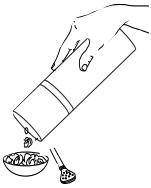
sip slowly. share.

rose flower tea
lavender flower tea
jasmine flower tea

red flower

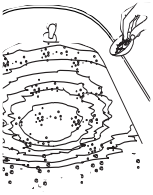
drinking a red flower tea

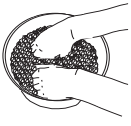




drink my flower because it tastes alive. it feels precious. it looks beautiful. it is private. it is simple. it is peaceful. it is sweet. it is like sunshine, like yesterday in the afternoon. it reminds you of what you wish for, if you dare to wish. it promises nothing and gives everything. it is healthy and happy and good. make it everyday. carry it with you everywhere. share it with everyone and sip slowly. you are turning water into flowers. remember to prepare each glass with care. it will taste better. it will feel better. it will perfume the body. it is a gesture of harmony. begin with flower tea. rose, lavender or jasmine, deep pink, pale purple or gentle green, each glass is full of fragrant organic petals. petals picked in wide-open spring fields, blended with wild herbs. a glass of flower tea offers an uplifting ritual, a moment in the present, quiet. lavender tea sings on the palette and calms everything inward and outward with a delicate blend of spearmint, peppermint, pepperina (a rare, intense argentinean mint). rose is a rose with berries and chamomile and goodness to create love and life in water turned red. jasmine is the superior essence of fresh green tea and fragrant jasmine flowers rolled into individual pearls which unfurl in hot water like flowers in the sun, like a hand to heart, like a perfect day. the flower tea ritual is steeped in tradition, so simple and sweet. place a small teaspoon of tea pearls or flowers into a clear glass. one of the most appropriate ways to enjoy an object is to see it completely, to engage in detail. for this reason, a small, clear glass is recommended. pour nearly boiling water over the flower tea. (boiling water may burn the delicate petals.) this makes an intensely flavored infusion to which water can be added over and over again. one glass can be refilled three times before adding more petals. when the tea has steeped for two to three minutes, take the glass and a decanter of hot water to a warm place. sit. begin sipping through a red flower bombilla tea straw. the bombilla was born in argentina where it is used to sip yerba tea out of a sun-dried gourd. the tea is sipped through the bombilla, refilled with water and passed to the next person, refilled and passed on. one tea, one bombilla, one table. drinking in harmony. a glass, a bombilla. flower tea. drawing fragrant liquid to lips. red flower tea comes in rose, lavender and jasmine and is just as sweet strained by the pot or poured over ice.

lighting a red flower candle





will make your whole life smell like fresh flowers alive from the garden where birds and sun and rain have been. flowers that you have known forever and that you will always know. bring them close to you. they are yours. remember to whisper kind words to them daily and they will live longer. lift the cap off of the candle. remove the scented petals from the top. the petals tell little stories to your fingers. listen. trim the wick after removing the petals and the candle will live longer. if you feel like taking a bath, toss the petals into the hot water. add drops of oil. close your eyes and swim through flowers. the petals can also be placed into a small bowl. in india, flowers are placed in small copper bowls as a gesture of offering. an offering should be an act of generosity so subtle and complete that it almost goes unnoticed, like love. or put the petals into a larger bowl. add hot, hot water and almond oil. soak your hands. rub the petals into them. releasing their fragrant oil into your skin. oh little fingers, feels so good and soft and happy. the candles. they light. they burn slowly. for hours. they smell good. sometimes that is enough.breathe. breathe. breathe.